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Federal Govt.

Urged To Start

10-Yr. Sea Study

VOL. 1, NO. 21

ALPINE, CALIFORNIA

FRIDAY, FEBRUARY 27, 1959

PRICE FIVE CENTS

A LETTER FROM ABROAD

From Clayburn LaForce Madrid, Spain

A Trip To The Country Out From Madrid

"You should see the way the Spaniards farm in the area north of Madrid! They still use oxen. The animals are kept in dugouts with heavy wooden doors and slits for windows, each animal with a separate cave. They are hitched with the harness over the head so that the pulling is done by the beasts' horns. Plows are the same as they were centuries ago-wood with iron tips. Each farmer has a strip of land, or maybe several strips, and in the morning they all leave the little villages to go to their crops. Some of these villages have medieval walls still ness firms and labor unions paid standing, enclosing them in. The farm land is outside the wall.

"We passed through an important village on market day. Many of the farmers from surrounding villas had come to town with their old horse-drawn and ox-drawn wagons. We saw only three tractors and these were in the district of rich river bottom land. All Spanish farming is not medieval-only

Continued on Page 2

National Foundation Calls Conference

Dr. Alfred V. Bateman, of Escondido, will join more than 100 other leading physicians from 11 western states in San Francisco March 5 and 6 for a two-day conference on the medical problems involved in treating patients with arthritis and birth defects (congenital malformations).

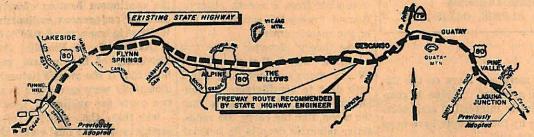
The San Francisco conference, one of four regional meetings being held across the country in February and March, has been called by The National Foundation (originally "for Infantile Paralysis") to discuss plans for a new patient care program to help children and adolescents suffering from rheumatoid arthritis and certain birth defects involving the central nervous system. The National Foundation has added the latter two health fields to its nationwide research, patient aid and professional education programs.

Dr. Bateman is a member of the medical advisory committee of the San Diego County Chapter of The National Foundation and is vitally concerned with plans for assisting arthritis and birth defects patients in this area, as well as continuing help to polio patients.

Participating in the San Francisco discussions will be representatives of The National Foundation's chapter medical advisory committees from Arizona, California, Colorado, Idaho, Montana. Nevada, New Mexico, Oregon, Utah, Washington and Wyoming.



Generally clear. Warm. Dry. Little change in temperature.



RECOMMENDED HIGHWAY 80 FREEWAY ROUTE

Date Set for Start Of United Fund Drive

One hundred community leaders from throughout the county have recommended August 24 as the launching date for the third annual United Fund campaign.

Action on the campaign calendar and major policy matters was taken at a two-day conference at Warner Hot Springs. Several busifor the conference expenses, and at no cost to the United Fund.

A schedule of dates for various campaign divisions was drawn up under the 1959 calendar. Actual campaign times for each division run from two to a maximum of six

Also recommended by the campaign leaders' conference were:

1. Greater autonomy for communities within the Palomar area and other regions, and where practicable, for each to be assigned a

2. Study of the establishment of a new "yardstick for giving" for small business firms.

The United Fund last fall raised operating money for almost 100 health and welfare agencies, including those in all nine Community Chests in San Diego County, the Red Cross and other health and social service organizations.

The United Fund was organized in August of 1957 to enable the people of San Diego County to give to health and welfare services of their choice in one annual cam-

Recommend New Water District

At the meeting of the San Diego County Water Authority on Thursday, February 19, in San Diego, the Water Problems Committee recommended that a new district be formed. This district is to be known as the East County Municipal Water District, and would be annexed to the Rio District .

The Board of Directors will take their recommendations to the Metropolitan Water Authority at its next meeting which will be held in March in Los Angeles.

Church Delegates To Attend Meet Sunday

Delegates from the Alpine Community Church will attend the semi-annual meeting of the San Diego Association of Congregational Churches. The meeting will be held at 11 a.m. at the Japanese Congregational Church in San Di-

Both Pilgrim Fellowship groups from the Alpine Community Church will go to San Diego Sunday evening to attend the 7 p.m. service when Rev. Harry Hashimoto will be formally installed as a that have been used may be promember of the Japanese Church.

Commissioner Considers Adoption Of Freeway Routing for Highway 80

The California Highway Commission has taken under consideration the adoption of a freeway routing for 27 miles of U.S. Highway 80 in San Diego County between Greenfield Drive east of El Cajon and Laguna Junction.

State Highway Engineer G. T. McCoy recommended a route which would generally

various locations.

January 20, 1959.

a freeway routing.

state Highways.

parallel the existing highway short

distances to the north or south at

The recommended route and pos-

The commission requested Mc-

Coy to ask the Board of Super-

visors of San Diego County if it

wishes the Commission to hold a

public hearing on the matter be-

fore taking further action to adopt

Adoption of a routing for the sec-

tion between Greenfield Drive and

Laguna Junction would complete

freeway routing for U.S. 80 in San

Diego County from U.S. 101 to the

Imperial County line. U. S. 80 is

on the National System of Inter-

Plans for the Division of High-

ways call for the construction of

an initial four-lane freeway be-

tween Greenfield Drive and Laguna

Junction. Provision would be made

for an ultimate eight lanes between

Greenfield Drive and Harrit Road,

west of Flynn Springs, and an ulti-

mate six lanes between Harrit Road

and Laguna Junction. Cost of the

initial four lanes, including rights

of way for additional lanes, is esti-

mated at approxmiately \$31,300,000

on the recommended route. Start

of construction would depend on

the availability of future state high-

JAMUL NEWS

A trip to Hollywood to see "Queen For A Day" and "The sible alternate routes were dis-Farmers Market" was enjoyed by cussed at a public meeting called by Lena Bergdoll, Barbara Tindell, the Division of Highways in Alpine Audrey Zumwalt, Mary Ogden, Alice Evans, Florence Jackson, Mrs. Hawkins, Emily Whitworth, Lelah Moore, Etta Stewart, Edna Young, Ella M. Parnell, Hattie Davis, Ruth Palmore, Margaret Miller, Peggy Impink.

Donna Rakestraw, Eva Mae Jump, Loretha Gipson, Jean Beasley, Edith King, Madeline King, Mae Shumaker, Mrs. Carden, Mrs. Mathews, Melba Riddels, Mrs. Camp, Hazel Sheckler, Leona Woods, Maggie Page, Fannie Ensor, Winifred Millard, Dee Daily, Dora Perkins, Dora Currie, Tia Admire, Mrs. Meyers, Mrs. Welker, Leslie Lafo, Mrs. Hodges, Cora Morgan, Mae Bethel, Miss Mary June Daily, Miss Raelene Hawkins.

The trip was sponsored by the Jamul Bible Church.

Jamul Community Club held their regular monthly meeting Friday, Feb. 20. Mrs. Thelma Barnett sang "My Task" for the inspirational.

A special feature of the evening was the protrayal of Abe Lincoln. The theme was "What a scoutmaster he would have made, had scouting been in existence in his time."

The charter for the new Explorer Post 321 was presented at this time by Al Hayes, Boy Scout neighborhood commissioner, to Joseph Burger, institutional representative, who in turn presented it to Fred Jenkins, Explorer advisor.

The membership drive will be getting under way soon. People in the Jamul area can be expecting to be called on any time. A committee was appointed to do the calling. Those appointed were Charles King, George Spence, Joseph Burger, Paul Wood and Larry de Mon-

Ban Food Colorings

The Food & Drug Administration announced it is prohibiting the use in food of four yellow coal-tar colors because they proved harmful to laboratory animals.

The FDA said most food processors have discontinued using the coal-tar derivatives.

Regulations that may provide replacements for some of the colors posed later by the FDA.

Marine scientists who have been exploring ocean deeps with a balloon now want a submarine that "flies through the water." They

also would like to have: A submersible capable of boring down through ice and clawing its way back.

A craft with a foot thick hull of specially tempered steel capable of carrying men safely to the uttermost depths where pressures reach seven tons per square inch.

Huge "platforms" mounted on floating bases resembling up-ended submarines and capable of sustaining 15 to 20 scientists each for indefinite periods of research in the open oceans.

Development of these and other weird devices and machines was urged by a national scientific group which asked the government Sunday to launch a 10-year, \$651,-410,000 program of sea research to enrich man's store of foods, minerals, and knowledge.

In some respects, the group said, the proposed sea projects "are clearly more urgent" than the far more costly program of space exploration on which the government already is embarked.

The sea studies must be undertaken, the scientists said, to cope with the menace posed by Soviet missile - launching submarines, "probably the most potent weapon system threatening our security today." They also would be an essential prelude to international "submarine control and monitoring" to safeguard peace.

The 10-year program was recommended by the committee on oceanography of the National Academy of Sciences. The committee, headed by Dr. Harrison Brown of the California Institute of Technology, said this country must double basic sea research in the next 10 years and expand ocean exploration even more or suffer serious economic. political, and military consequences.

Descanso News

Chapel of the Hills Notes

The Fellowship Dinner will be held Friday evening at 7:15 p.m. The second film in the Lenten Series will be shown-"Return to Nazareth." Roger Barkley will present a show of his hobby-Magic. Lots of singing, good food, and wonderful fellowship.

* * A note to the young peoplethe 24th is the very last day for final registration for camp which is the 27th, 28th and the first of March.

Next Sunday evening Rev. Truman will be preaching in the West Los Angeles Methodist Church. March 6 and 7 he will be the speaker at the M.Y.F. Pasadena District Convention, and the 9th and 10th he will be the evangelist at the Community Methodist Church in Borrego Springs.

The Junior M.Y.F. is holding its meetings at the church Sunday

Continued on Page 3

Youth To Conduct Church Services

The young people of Alpine Community Church will conduct the regular worship services at the church Sunday morning at 11 a.m.

The speakers will be Charles Bradley and Russell Schaeffer. Carl Strauch will lead the Responsive Reading; Irene Kehl will read the Scripture, and Roberta Runbeck will give the morning prayer.

New officers of both Pilgrim Fellowship groups will be installed by Mr. Donald Cost and Mrs. Charles Bradley.

Last Sunday Rev. Harry Hashimoto of the Japanese Congregational Church of San Diego spoke on "Operation Quietness."

Kainfall

The rain of last weekend added 1.45 inches of precipitation. For a brief period snow fell throughout Alpine late Saturday afternoon. Viejas Mountain remained covered with a light snow most of Sunday. The seasonal rainfall total now stands at 7.45 inches.

ALPINE ECHO

An Independent Weekly Newspaper Published in Alpine, California, San Diego County

TELEPHONE Hickory 5-2616

Paul J. Nichols ...

Editor and Publisher

Mailed at the Post Office in Alpine, California ALPINE ECHO, POST OFFICE BOX 8, ALPINE, CALIFORNIA

Editorial

The Kiwanis Club of Alpine is relying more and more on the talents of local residents to provide program material. Alpine is comprised of numerous persons who have extremely interesting and colorful backgrounds and the programs furnished by these people have been some of the most memorable ones of the local club.

Last evening John West, an Alpine newcomer, spoke on "The Eighth Plague." This was his second program for the club this year. Earlier this month Dr. F. J. Bornowski gave a frank and enlightening discussion on "Some Aspects of Personal Blindness." On several occasions Clarence Stearns, an Honorary Member of Kiwanis and a nationally known photographer, has exhibited photographs of celebrities of his acquaintance and commented on personal glimpses of their

Throughout Alpine there are many interesting people who are outstanding in a particular field. Among these are authors, artists, world travelers, gemologists, business executives and hobbyists. Alpine seems to hold a particular attraction to individuals of this caliber.

Meditation On Lent

We are now in one of the most important periods of the year. The forty days of Lent preceding Easter. A time set apart for prayer and meditation which offers much to be considered in our fellowship

When Christ was with His disciples during those last weeks on earth He left us a great deal to dwell upon. He knew the terrible ordeal that had to be undergone, the agony on the Cross, after the hours of Gethsemane; the insults and tortures heaped up Him from the very people for whom He was giving life itself. How weary and discouraged He must have felt, but He never faltered.

Even when He cried to His Father "Let this cup pass from Me," He added, "Nevertheless, not My will, but Thine be done." This is the epitome of unselfishness and over-coming.

His example taught us that life's greatest trials and disappointments can be met and overcome, and that the terrible darkness of Calvary was wiped away in the glorious light of Easter morning. Two thousand years after His sacrifice millions of lives throughout the world are uplifted and sustained by His teachings.

Were we to have a problem free existence man would not be given his tremendous mental and spiritual powers. There would be no need for them, but we would never know the joy of following Christ's example, of finding our strength through Divine Love, and finally realizing that we are "one with Him through our overcoming."

Christ taught us from example that it is not necessary to retire from the world into a life of prayer and meditation. He said that heaven had to be established in the mind and heart, and had to be made a living reality in the physical universe. He did not withdraw from humanity, nor did He let His apostles withdraw. He sent them out to "preach the gospel to the poor . . . to heal the sick, and to find deliverance for the captives."

He said, "Follow me," "He that believeth on me, the works that I do shall he do also; and greater works than these shall he do." "All things are possible to him that believeth."

What height of fulfillment, what depth of compassion, what perfect understanding might be ours if we follow His example.

Let us use this Lenten season to bless the lives we touch, to pray unceasingly, to believe that the Life Everlasting will be ours through the unfailing promise of Christ Himself glorified through the triumph of Easter after the trials and tribulations are overcome.

CHURCH

ALPINE COMMUNITY CHURCH — Roger M. Larson, Ph.D., Pastor; HI 5-2110 Sunday School For All Ages 9:45 A. M Morning Worship Service 11:00 A. M Pilgrim Fellowship (For Youth) 7:00 P. M Church Guild, Fuller Hall Every Wednesday 9:00 A. M	
ST. PHILOMENA CATHOLIC CHURCH—Rev. Thomas Bolten, Pastor; HI 5-214: Sunday Masses 8:00 and 10:00 A. M.; 6:30 P. M. Daily Mass 8:00 A. M. Receive Confessions Saturdays 4:30 to 5:30 P. M.; 7:30 to 8:30 P. M. Religious Instruction for Children Attending Public Schools: Harbison Canyon 11:00 A. M. Saturdays Alpine 1:30 P. M. Saturdays	
BAPTIST CHURCH — Rev. James C. Arnold, Pastor; CY 8-3768 Sunday School For All Ages 9:45 A. M Morning Worship Service 10:55 A. M Evening Worship Service 7:30 P. M Prayer Service Wednesday Evening 7:30 P. M	•
BETHEL ASSEMBLY OF GOD — Rev. Ruth Copeland; HI 3-3239 Sunday School For All Ages 9:45 A. M. Morning Worship Service 11:00 A. M. Hi O. A. 6:30 P. M. Evangelistic Sunday Night Service 7:30 P. M. Prayer Service Wednesday Evening 7:00 P. M. Colored Bible Slides Third Sunday Evening Of Each Month	
CHAPEL OF THE HILLS, Descanso. Rev. Mr. Wallace L. Truman; HI 5-3628 Sunday School, for all ages	

BLESSED SACRAMENT CHURCH, Descanso—Fr. Tullio Andreatta, Pastor; HI 5-3620

Sunday Mass 9:00 A. M. For week day Mass call rectory Holy Days Mass 7:00 A. M. Confessions heard before all Masses

SCIENCE

Possibility Of Atomic Power On Moon

The first settlers on the moon may find natural atomic power plants all ready to hook up and put to use, according to a new theory stemming from a recent observation of "volcanic" activity in one of the moon's craters.

The theory depends upon two surmises. One is that some if not all the moon's craters are filled with dust to considerable but unknown depths. The other is that the moon, like the earth, has radioactive minerals deep in its interior giving off atomic particles. This produces heat.

If the interior of the moon is hot enough to be composed of molten liquefied rock as the earth's core is, the gases resulting from such heat have to escape somehow. If they don't pressure builds up until there is a tremendous explosion and molten rock spills all over the landscape. This is the "volcanic" activity we know on earth.

Astronomers know for sure there has been no such activity on the moon for a long, long time. But that doesn't necessarily mean the moon has a cold interior; rather, it most likely means the interior temperature of the moon is high enough to keep rock liquefied but the temperature is in equilibrium -that is, the pressure is relieved as it builds up.

It is relieved because hot rock is an excellent conductor of heat. The heat disperses outward from the liquid core and the rock becomes more and more solid and less and less hot as it approaches the surface. You wouldn't have this nice equilibrium across the floors of craters, however, if those floors were buried under rock dust.

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"A large and fairly accessible source of power" would be available to any future moon establishment if the moon "volcano" recently observed by the Russian astronomer Kozyrev resulted from the continuous heating of surface dust by endogenous radioactivity. Writing in support of this theory in Nature, J. H. Fremlin, Ph.D., University of Birmingham, calculates that if the moon's natural radioactivity were equivalent to only two parts per million of uranium -less that the activity of the earth's crust-the dust would show a temperature rise of 46 degrees F. every million years. Under present conditions the temperature at about a yard below the surface would be approximately 465 degrees F. As dust filled a lunar crater, more and more heat would be contained within it, leading to volcanic action in the crater's center. Dr. Fremlin estimates that lunar "puffs" of erupting gas and dust are likely to occur relatively

Ancient Air To Be Analyzed

"Ancient air," trapped in polar ice as long as 10 centuries, is to be analyzed to determine whether modern industry is polluting the atmosphere with carbon dioxide. The ice cores in which the air bubbles have been found were taken from Greenland and Antarctic ice caps by the U. S. Army Snow, Ice and Permafrost Research Estab-

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Letters From Abroad

Continued from Page 1

the poorer parts of the country.

"In the cattle country near Madrid they have animals similar to our Black Angus. The pastures are not fenced with wire but with stone walls-miles and miles of stone walls. There are a very few wire fences but even they have poles of granite slabs supporting

"Traveling in a car in the back country is very slow-it took us three days to cover 750 miles. Besides being very rough, the roads are travelled by bike riders, horse and ox-carts, mules and donkey carts, and herds and herds of sheep. For miles we could not make as much as 30 miles per hour.

"We visited San Sebastian, a lovely resort town with the green, green Pyranees at its back and the Atlantic before it. The weather was typically January-big black clouds and a sharp wind, with the sea dark and rough. The town is deserted this season of the year, and we really loved it! We saw Valladolid, a very ancient, dirty place; Burgos, Vitoria and the hundreds of tiny villages along the way. Madrid is a beautiful, modern, clean and civilized city, and we were glad to get back."

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Convair Contracts For New Construction

construction at the site of the \$40,-000,000 Convair (Astronautics) Division of General Dynamics Corporation Atlas missile plant have last year. been let to two building firms, J. V. Naish, Convair president, has announced.

Diversified Builders Division of Macco Construction Company, Los Angeles, won a \$890,000 contract the north and south ends. When to build a 100,000 square foot, two story office building to house approximately 1,100 employees of the engineering and product support tions. departments of Convair-Astronautics. Construction will be started immediately. Site of the 125 by 400-foot structure will be directly west of the present one-story engineering laboratories. Occupancy is scheduled for July and August.

Callahan Brothers of San Diego received a \$112,000 contract to extend the mezzanine in the Atlas factory building, adding approximately 16,800 square feet for electronics manufacturing. The 60foot wide mezzanine will be length. ened by 280 feet, to run the entire 640 feet width of the "high bay" portion of the missile factory. It is scheduled for completion in May.

These two structures are part of a major expansion program scheduled for completion this year at Convair-Astronautics. Other new facilities for which contracts will be let later include a new 32,000square-foot tooling building and three new engineering laboratories. To be housed under one roof, these latter facilities will include a 6,175square-foot space electronics laboratory; a 4,000-square-foot aerophysics laboratory, and a 4,000square-foot extreme temperatures laboratory.

The new tooling building, a onestory steel shed-type structure to be located northeast of the factory building, will accommodate tool manufacturing, the template and carpenter shops, foundry, plaster shop, maintenance and garage functions. Completion of this general purpose building will release for manufacturing purposes space now occupied in the factory area. Contractors' bids on the tooling building are returnable March 15.

Parker & Parker, a Los Angeles architectural and engineering firm,

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Contracts for slightly more than | designed the new office building one million dollars worth of new to be compatible with the architecture of the six-story administration and engineering buildings constructed at the new Atlas plant site

> The building will be of steel and prefabricated concrete construction with continuous steel window sash. The main building entrance will be on the east, with side entrances at completed, it will house about 400 engineering personnel and 700 assigned to product support func-

> The new space electronics laboratory will be devoted to development and testing of electronic components and circuitry, new techniques, instrumentation and measurement.

> The new aerophysics laboratory will have a 1,000 KVA substation and will provide facilities for space environmental and space propulsion studies, including ion propulsion, radiation heating and free molecule flow. It will be capable of testing and developing space system components under near vacuum conditions.

The extreme temperatures laboratory will be used principally in association with Convair-Astronautics' program to develop a highenergy upper stage for a modified Atlas intercontinental ballistic missile. Convair has an Air Force systems management contract, under the Advanced Research Projects Agency, to develop, build and test a Centaur satellite vehicle and its systems, except engines. This will be America's first high-performance, general purpose space ve-

The laboratory will be capable of testing materials and components at temperatures ranging from close to absolute zero (minus 459 degrees) to 3,000 degrees Fahren-

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Pine Valley News

BY ELIZABETH TAYLOR

Uncle Bert Bangs celebrated his 81st birthday with Mr. and Mrs. R. Welband, Mrs. Kerns, Mr. and Mrs. N. Houck, at the Hobart House, in Pine Valley, Thursday for dinner.

* * Mr. Bill Tondro spent several days in Imperial Valley last week. * *

Mr. Atkins, who has the Evening Tribune route through Descanso, Guatay and Pine Valley celebrated his 65th birthday last Thursday evening with a big turkey dinner and all the trimmings, at his home in Descanso. Those who attended were Mr. and Mrs. R. Mullins, Mr. and Mrs. S. Johnson, Mr. and Mrs. J. Van Oort, Mr. and Mrs. Christianson, Reverend and Mrs. W. L. Truman, Mr. and Mrs. V. Lockard, and Mr. and Mrs. J. Anderson. * *

A Reminder From Smokey Bear

While you are cleaning up your weeds so they don't pile up on you by this spring, remember now is the time to do all your brush burning while things are good and wet. Apply for burning permits at the Descanso Ranger Station, Monday through Friday 8 a.m. to 5 p.m.

Descanso News

Continued from Page 1

nights from 6 to 7:30 p.m. Everyone from the 4th to 9th grades is welcome. Sponsors are Mr. and Mrs. Fred Elliot and Mr. and Mrs. A. W. Richardson.

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Many "oh's" and "ah's" were heard at the Woman's Club annual fashion show Tuesday afternoon when the lovely creations from Marthel's in El Cajon were modeled by members of the club.

The fashion show and entertainment followed a potluck luncheon. Mrs. George Fordney was chairman of the affair, assisted by Mrs. Ben Cerveny and Mrs. A. J. Ditt-

The very able models were Mmes. T. L. Judd, Milton Cooper, T. L. Nichols, Carl McCall, H. A. Cesario, A. B. Everson, Jack Wilson, and Miss Noreen Fordney.

Mid-Week Lenten Services are held Wednesday evenings at 7:30. * *

It was a pleasure to see Mr. Willis Newton and Mrs. Ruth Mullins back in church Sunday after their stay in the hospital.

* Bishop Gerald Kennedy will speak of his current trip to Africa at the Annual Bishop-Laymen Luncheon held in the El Cortez. Monday noon, March 16, 1959. Those interested call Mr. Wendell Robley, HO 9-5592 no later than March 8-tickets are \$2.50. Or call the Church office in the morning.

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RECIPES

CASSEROLES

Casseroles and one-dish meals are becoming favorite fare in American homes because they are easy to prepare, easy to serve, and easy on the budget. Just the addition of a salad, bread, dessert and drink completes the menu.

Ham and Potato Scallop

- 4 medium potatoes, thinly sliced
- 3 carrots, thinly sliced
- 1 cup sliced celery
- 2 onions, sliced
- 1/4 cup flour
- 2 teaspoons salt
- 1/4 teaspoon pepper
- 1 can (12 ounces) chopped ham, cubed
- 2 cups hot milk
- Buttered bread crumbs
- Paprika

Combine vegetables with flour, salt, and pepper. Add chopped ham. Put in 3-quart casserole. Pour over milk. Cover; bake in hot oven, 400 degrees F., 1 hour. Uncover, sprinkle with crumbs and paprika. Bake 30 minutes longer. Serves 4.

Eight-in-One Casserole

- 2 cups thinly sliced potato
- 2 cups sliced onion
- 1 cup sliced carrot
- 1 cup sliced celery
- 1 cup diced turnip
- 1 box frozen Fordhook Lima beans Dash garlic salt
- 1/2 teaspoon pepper
- Salt
- ½ pound ground beef

½ pound brown-and-serve sausage In 3-quart casserole, mix vegetables with garlic salt, pepper, and 1 teaspoon salt; add water. Add 1/2 teaspoon salt to beef; shape in 4 patties. Arrange patties on vegetables in casserole. Cover, and bake in hot oven, 400 degrees F., 1 hour. Add sausage, and bake uncovered, 15 minutes, or until vegetables are tender and sausages are brown. Makes 4 servings.

Chicken Casserole Deluxe 2 frying chickens, cut up

Salt and pepper Paprika

1/4 cup butter

- 1 cup chopped onion
- 1 clove garlic, minced 1 chicken bouillon cube
- 1 cup water
- 2 potatoes, cubed
- 1 can (3 or 4 ounces) sliced mushrooms
- 1 cup cooked peas
- ¼ cup sliced ripe olives
- 2 pimientos, cut up

Sprinkle chicken with salt, pepper, and paprika. Brown in butter. Put in casserole. Brown onion and garlic; add bouillon cube and water. bring to boil. Pour over chicken. Cover, bake in moderate oven, 325 degrees F., 1 hour. Add potatoes and mushrooms, and bake 30 minutes longer. Garnish with remaining ingredients. Makes 6 servings.

Tomato ,Rice, and Pork Casserole

4 end pork chops (about 11/2 pounds)

Salt and pepper

- 2 medium onions, chopped ½ green pepper, chopped
- 1 cup rice
- 1 can (19 ounces) tomatoes 1 bay leaf
- 2 whole cloves
- 1 cup water
- ¼ teaspoon pepper

Brown meat; sprinkle with salt and pepper, and remove from skillet. To fat in pan add onion, green pepper and rice. Cook until rice is lightly browned. Add remaining ingredients with 11/2 teaspoons salt. Bring to boil. Put in 21/2 quart casserole, place pork chops on top. Cover and bake in moderate oven, 375 degrees F., about 1 hour, until rice is tender. Uncover dish for

last 10 minutes. Makes 4 servings. Deviled Beans and Frankfurters 2 cans (1 pound 7 ounces each)

- beans with pork
- 1 small onion, grated 1 tablespoon Worcestershire

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El Cajon

1 tablespoon mustard pickle relish pound franfurters

Mix first 4 ingredients in skillet. Add frankfurters. Cover and heat slowly, 10 to 15 minutes. Makes 4

NEWSETTES

Mrs. Ann Durland, Star Route mail carrier between El Cajon and Jacumba, and her two children, Carrie and Hy, escaped serious injury last Saturday at Laguna when her car turned over.

4 4 4

Mr. and Mrs. Jack Hoistad showed movies of their recent trip to Mexico to the following guests Sunday night: Postmaster and Mrs. Lee Arthurs of San Marcos, Postmaster and Mrs. Phillip Hall, Mr. and Mrs. Frank Wilson and Mr. and Mrs. Bob Wilson.

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Miss Jerry Lynn Rorie, daughter of Mr. and Mrs. Jim Rorie of Alpine, and Sgt. John Hannenburg, USMC, of Camp Pendleton, were married Friday night at the home of Sgt. Hannenburg's brother in El

After a honeymoon trip to Hollywood and Palm Springs, the Hannenburgs are now at home at 510 Claydelle, El Cajon.

*

Mrs. Charles Sharrow, formerly of Alpine, entertained several Alpine ladies and former Alpine ladies at a luncheon and Canasta party at her La Mesa home Wednesday February 18. This group of 8 has been meeting at each other's homes for about 7 years.

Mrs. Sharrow's guests included: Mmes. George Butcher, Willard Hays, Tom Hill, Sr., Mark Schaeffer and Miss Verna Carson from Alpine; Mrs. William Smith from Escondido; and Mrs. S. W. MacInnis from Vista.

Good Food Buys

Good food buys in March are eggs, apples, canned peas, pork, turkeys, lard, celery, honey, walnuts, peanuts and peanut products, dairy products, cabbage, and po-

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bers of the Junior and Senior Pilgrim Fellowship of Alpine Community Church will go down to the San Diego Church to watch the installation of a Japanese minister. This will be the Junior group's second outing.

* *

The officers of both Fellowship groups will be installed Sunday morning during the church service. Most of the service will be conducted by young people. The officers will serve for one year.

* * Any of you teens who would like

to learn how to do a few ballroom steps such as fox trot, waltz, jitterbug, etc., hop over to the Youth Center at 6 p.m. on Saturday night. Pat Oliver is the teacher, and will be there from 6 to 7 p.m. The lessons are \$1 a week, which is to be paid a month in advance.

* *

The Alpine Alemander Juniors missed "singin' their partners" Wednesday night when instructor Jack Smith had to cancel the regular square dance session because of another engagement.

* * HOBBIES: Kathy Hittle's hobby is one that not many other teens

Next Sunday, March 1, the mem- have. She flies the Hittles' red Tri-Pacer as a hobby. Of course, she does not have a license yet, but is learning to fly with her father as instructor. She has been flying for little over a year, and some of the things she has learned are: How to keep the plane from wobbling and keep it on course; also, she learned how to weave; she learned the parts of the plane; and most important of all, the rules of the air. Right now, Kathy is learning how to take off and land. The Hittles keep their plane at Gillespie Field in Hangar 6. They usually make short hops over to Montgomery for lunch or over to Lindbergh. Kathy plans to keep flying, and hopes to get her license in the future. (If she doesn't wreck the plane!)

More Hobbies to come.

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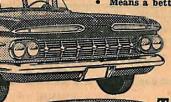
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